

## Matters of the Heart Pre-Intensive Questions

Please fill out the questions individually and email them back to us a couple days prior to the Intensive. Thank-you.

- 1. Describe the issue(s) in your life that are bringing you to an intensive? Please include your feelings regarding the issues.
- 2. What have you done to take responsibility to grow & change in these areas?
- 3. Give a history timeline with any major events that you believe would be helpful regarding your relationship with your partner.
- 4. Describe the relationship you had with your mother and your feelings about this. Please include five summary words that describe your relationship with your mom.
- 5. Describe the relationship you had with your father and your feelings about this. Please include five summary words that describe your relationship with your dad.
- 6. Please describe the relationship dynamics between family members and include any issues with siblings.
- 7. Are there any issues with alcohol, drugs, pornography, physical abuse, sexual abuse, emotional abuse or extramarital affairs in your marriage or in either family system?
- 8. What are the communication dynamics, patterns & cycles between you and your partner?

- 9. Please include your perspective of how you & your partner each handle hurt and anger.
- 10. What do you think needs to be done to resolve the problem(s)?
- 11. What would your relationship look like if it was completely healed and restored? How would you interact with each other? What would you each do differently? (Be specific)
- 12. What are your expectations and hopes for our time together in the upcoming intensive? Is there anything you could do to sabotage the healing process?
- 13. How do you see God, His Word, and prayer being a part of the healing process in your relationship? Please explain.